

## HOW TO PICK YOUR SPONSOR

Your sponsor for Confirmation serves an important role as a spiritual mentor and guide. When you were baptized, your parents picked individuals as Godparents that they felt would be able to lead you in your faith journey as a Catholic Christian. In Confirmation, this same desire is present for you. You have the opportunity to choose a friend or family member who is not your parent to join you on your journey to sainthood.

Your sponsor is to assist you in understanding what it means to be a true witness for Christ and will hold you accountable to faithfully fulfilling the obligations that you inherit through the gifts of this sacrament.

Below are a couple of things that you should keep in mind when picking your sponsor.

- Consider one of your Baptismal Godparents.
- Pray who God would like to lead you.
- Who is someone you look up to in the Catholic faith? Is this person growing in their own faith life and will they be willing to challenge and help you grow in your faith?
- They should be at least 18 years of age.
- They must have received the sacraments of Baptism, Eucharist and Confirmation.
- They cannot be a parent.

## CHOOSING MY SPONSOR

On Confirmation Day, my sponsor will witness my commitment to Christ. As I prepare for this sacrament, my sponsor will be a Christian example to me and will encourage me to live a Christian life. He or she will also pray for me that I remain holy throughout my life.

The person I have chosen to be my sponsor is: (Name and address)

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The reason I have chosen him/her to be my sponsor is:

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I see this person living the Catholic faith in the following ways:

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I look up to my future sponsor in their faith life because:

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Candidates Name: \_\_\_\_\_

Due: Wednesday October 30th